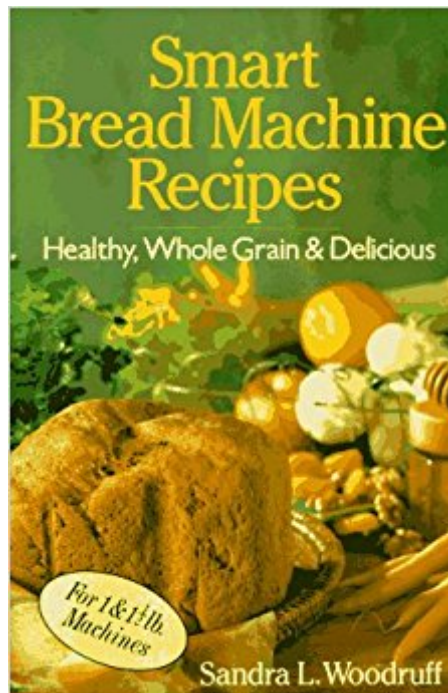




The book was found

# Smart Bread Machine Recipes: Healthy, Whole Grain & Delicious



## Synopsis

Fill the breads you eat with wholesome, fiber-rich, vitamin-packed grains, reduce the fat and the salt, and eliminate refined sugar--all with the push of a button. Over 130 recipes for both 1 and 1 1/2 pound machines introduce a new world of grains, from amaranth and barley to teff and triticale, plus two dozen different kinds of grain. 128 pages, 24 b/w illus., 6 x 9.

## Book Information

Paperback: 128 pages

Publisher: Sterling (December 31, 1994)

Language: English

ISBN-10: 0806906901

ISBN-13: 978-0806906904

Product Dimensions: 9 x 5.9 x 0.4 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 4.6 out of 5 stars 28 customer reviews

Best Sellers Rank: #1,114,666 in Books (See Top 100 in Books) #132 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Bread Machines #840 in Books > Cookbooks, Food & Wine > Baking > Bread #918 in Books > Cookbooks, Food & Wine > Special Diet > Low Fat

## Customer Reviews

A lot more information to help then just a bunch of recipes. For that reason alone it is better then some similar books at three times the price.

Best book on breadmaking that I've read so far and I've read many.

New recipes!

So glad to have discovered this book. All the recipes I've made have turned out very well in my old Panasonic Bread Bakery, SD-BT55P, which has a whole wheat bake mode.

Super informative regarding the best ways to make healthy bread and troubleshooting flopped loaves. The recipes in general are very good, especially the english muffins and crescent rolls. Both have gained serious popularity with my extended family! It's so wonderful to get such a delicious taste and texture from a healthy, whole grain recipe. Only one flop so far, but it could have been me!

Every loaf of bread we've made from this book has been awesome. First time I've used lecithin and love her recipes with it. Bread machine bread is still edible several days later.

For a beginner like me, it's perfect. The amount of recipes and ingredients are not overwhelming. Instructions are very straight-forward and bread comes out of the machine just delicious.

This is a GREAT book! Full of wonderful info. I had this book and bought it for a friend. The service was very good as well.

[Download to continue reading...](#)

BREAD MACHINE COOKBOOK: 120 Most Delicious Bread Machine Recipes (bread, bread bible, bread makers, breakfast, bread machine cookbook, bread baking, bread making, healthy, healthy recipes) Oster Expressbake Bread Machine Cookbook: 101 Classic Recipes With Expert Instructions For Your Bread Maker (Bread Machine & Bread Maker Recipes) Oster Expressbake Bread Machine Cookbook: 101 Classic Recipes With Expert Instructions For Your Bread Maker (Bread Machine & Bread Maker Recipes) (Volume 1) Bread Machine Soucery: 13 Gluten Free Bread Recipes for Your Bread Maker Machine (Baking, Grain-Free, Wheat-Free, Sourdough Baking, Paleo Baking) Bread Machine Recipes: 32 Bread Machine Recipes That Are Delicious and Easy to Make (Bread Cookbook Book 1) Smart Bread Machine Recipes: Healthy, Whole Grain & Delicious Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet) Gluten Free Bread Machine Cookbook: The Top 14 of The Best Recipes (Bread machine, Celiac, Bread Recipes) The Bread Lover's Bread Machine Cookbook: A Master Baker's 300 Favorite Recipes for Perfect-Every-Time Bread-From Every Kind of Machine Bread Lover's Bread Machine Cookbook: A Master Baker's 300 Favorite Recipes for Perfect-Every-Time Bread-From Every Kind of Machine Bread Machine Gluten Free: 13 Gluten Free Bread Recipes for Your Bread Maker Machine (Celiac Disease, Gluten Intolerance, Baking) More Bread Machine Magic : More Than 140 New Recipes From the Authors of Bread Machine Magic for Use in All Types of Sizes of Bread Machines Whole Food: The 30 Day Whole Food Challenge & Whole Foods Diet & Whole Foods Cookbook & Whole Foods Recipes (Whole Foods - Clean Eating) Bread Machine Recipes: Delicious, Fast & Easy Bread Machine Recipes You Will Love Bread Machine: Top 50 Best Bread Machine Recipes & The Quick,

Easy, & Delicious Everyday Cookbook! Bread Machine Cookbook: Delicious and Simple Bread Machine Recipes (The Art of Baking Book 3) Bread Machine Cookbook: Delicious And Simple Bread Machine Recipes Easy Bread Recipes: Delicious Homemade Bread And Baking Recipes (Bread Baking Recipes) KETOGENIC BREAD COOKBOOK: Low Carb Bread Cookbook for Keto,75 Delicious & Easy Keto Bread Recipes for Weight Loss and Healthy Living... The Big Gluten-Free Bread Cookbook Vol. 1: Feel the Spirit in Your Little Kitchen with 500 Secret Holiday Bread Recipes! (Vegan Gluten Free Bread, Gluten ... Cookbook,...) (Gluten-Free Bread Territory)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)